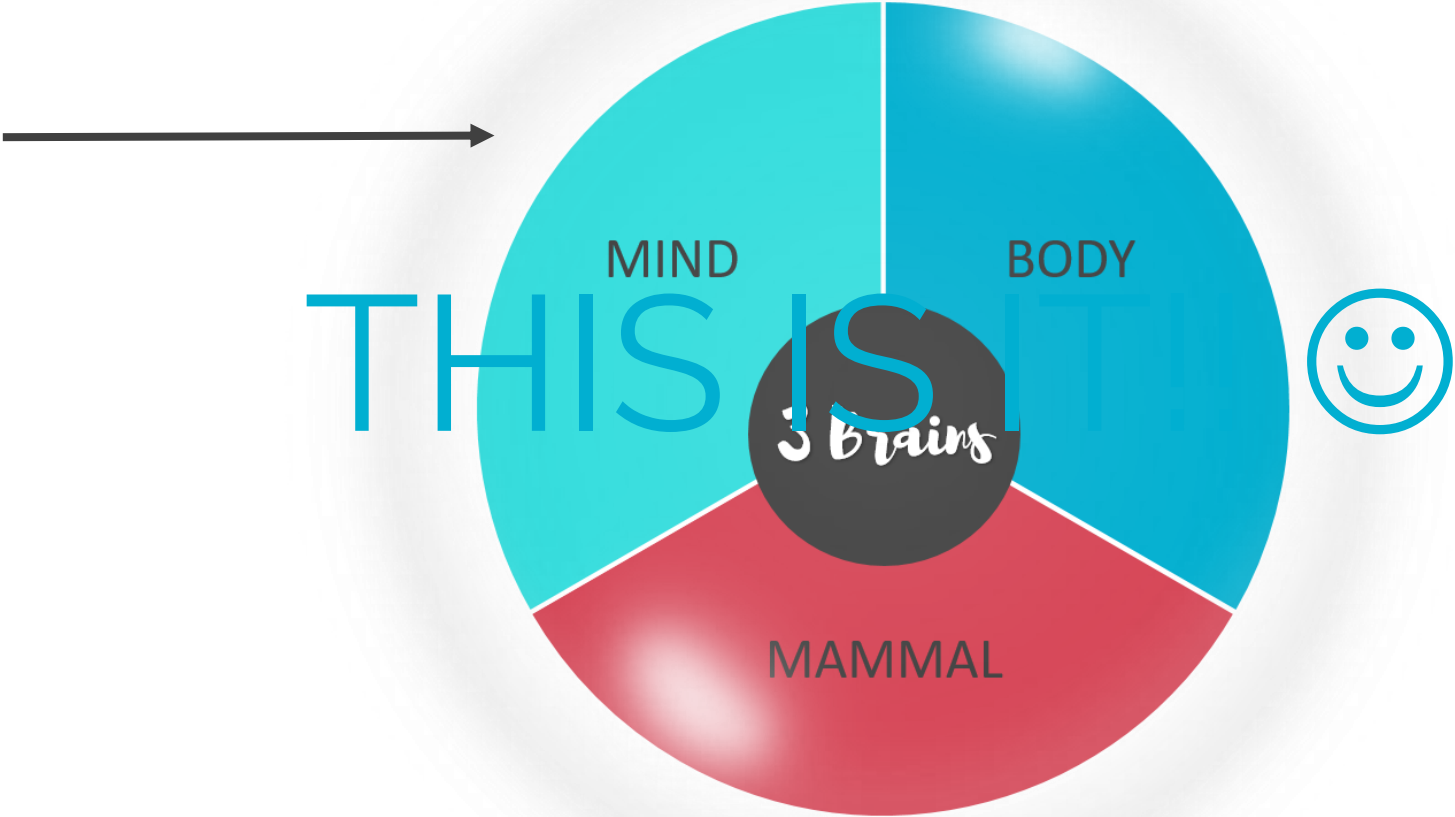


EAT. PLAY. LOVE. *Live*
YOUR BODY. YOUR LIFE. YOUR RULES

[YOUR INNER COMPASS OF PEACE]

The Next Layer Of YOUR Inner Compass...



The Final Piece of the Puzzle!

- ★ Pick your Top 3 Words.
- ★ These are the 3 values that you KNOW would change your life and rock your world if you LIVED them in your life...every single day.
- ★ These are ways of **being** that feel important to YOU -- that represent the kind of experience you would like to have in your life.
- ★ Again don't give yourself sh*t because you don't think you personify these words right now. These are merely **aspirational** words 😊

That's It!

- ★ **Think On It:** The 3 values that will comprise YOUR Self-Image Inner Compass
- ★ **Choose It:** Declare your 3 words to yourself (and then to the group if it feels good to you!)
- ★ **Give Yourself PROPS!:** This is some of the hardest (and most worthwhile) 'work' you could possibly do for yourself and your future! You deserve big props! 😊

**WHO'S
AWESOME?**



**YOU'RE
AWESOME.**

*That's the end of
this bundle!*